



Music, Movement and Mindfulness

25th Annual Parkinson Symposium

Join us for presentations on the role of mindfulness and music as part of a holistic approach to managing Parkinson's, followed by movement practice. Then put all you've learned to use with the new addition of a live swing band, for listening, or dancing!



April 5, 2025 9:45am – 3pm

Registration opens at 8:30am

Embassy Suites 5800 Rockside Woods Blvd Independence, OH

Enter and park for free on right side of building

Registration opens February 3rd

To register:

- Scan QR code here, or
- Call 440.345.6401, or



Free Event with Lunch and Door Prize

Registration Required

Online https://ohparkinson.com/events/