OPFNE, PSG Leaders Call Summary_September_2020
Follow Up

Environment:

1. Support groups are still unable to meet in person
2. Members are feeling isolated, depressed, anxious or experiencing some cognitive decline
3. Caregivers are feeling an increased burden
4. Some virtual classes have been offered, but members are not technically savvy and may have a learning need
5. Leaders are expressing a need for good in person speakers as well knowledge of virtual programming that is available.
6. Leaders are committed, staying in touch with their members/families. Many are proactive and creative in their approaches. They are looking for continued ways to assist their support groups. They are interested in a Zoom meeting.

Opportunities:

1. Provide written basic training materials and instruction on how to participate in virtual classes such as Zoom.

2. Identify sources of donation for iPads, notebooks or other internet display devices.

3. Compile a list of good in person speakers and presenters as we have discussed in the past. (what about a Blog section on the Website that Leaders could access and provide an ongoing account of a good speaker, plus other things or questions)

4. Provide a list of all the virtual classes available and how to access them. Put this on the website if not already listed.

5. Schedule a virtual PSG leader's meeting later this year. Include Zoom instructions/access.

6. Research the cost of a Zoom license and consider OPFNE procuring a Zoom license for their own use and possibly the use of the PSG groups.

7. Consider giving each Parkinson Support Group a one time monetary gift which can be used for their own support group needs such as mailing, incentive gifts, other.

8. Develop a list of resources that can be mailed to support group members.by the leaders

9. Ramp up the website with helpful information or links to supportive services for caregivers and those with PD.

10. Offer or find access to a caregivers Zoom series. (Maybe the Parkinson Foundation or Danbury)