

COME DANCE WITH ME!

This dance program is for people with Parkinson's Disease. Caregivers and partners are always welcome. Dance partners are available if desired. Come and enjoy fun music and friendship while benefiting from movement and dance.



If you have never danced before or if you just need to dust off a few old dance steps you will enjoy this lively, fun-filled session led by Fred and Dianne Discenzo.

Sessions are held monthly the 2nd Saturday of Each Month

(All classes are remote for 2020. Any future in-person classes will be at Brecksville Human Services Center; 2 Community Dr., Brecksville, OH. Note: soft soled shoes required in the studio)

2020	Saturday – 11:30 am	2021	Saturday – 11:30 am
September	12 <i>(remote)</i>	January	9
October	10 <i>(remote)</i>	February	13
November	14 <i>(remote)</i>	March	13
December	12 <i>(remote)</i>	April	<i>Spring Symposium</i>
<div style="border: 3px double black; padding: 10px; text-align: center;"> <p>NOTE</p> <p>All classes will be offered remotely using Zoom beginning September 2020 until government guidelines and health conditions permit safe in-person ballroom dancing.</p> </div>		May	8
		June	12
		July	10
		August	14
		September	11
		October	9
		November	13
		December	11

NO REGISTRATION NEEDED

FREE for those with Parkinson's and their partner

For further information contact Fred or Dianne Discenzo at dadiscenzo@gmail.com or 440.526.8531