

LSVT BIG™



ADVANCED CARE FOR PARKINSON'S DISEASE AND OTHER NEUROLOGICAL CONDITIONS

According to the American Parkinson's Disease Association, Parkinson's disease currently affects more than 1 million people in the United States alone. Individuals with Parkinson's disease will oftentimes demonstrate symptoms of hypokinesia (small movement), bradykinesia (slow movement), rigidity (stiffness) and tremors, which often result in a loss of functional movement. Treatment of Parkinson's disease can include pharmacological management, deep brain stimulation, and physical, occupational and speech therapy.

What is LSVT BIG™?

LSVT BIG™ was derived from its sister speech component, LSVT LOUD™ (also available at Edwin Shaw) using the well-proven concepts of high-intensity, high-amplitude, repetitive practice to increase motor learning. LSVT BIG™ has been researched extensively with results revealing clinically significant improvements in motor control, gait quality, balance and trunk rotation. Research shows that participants who undergo LSVT BIG™ have more improvements with longer lasting results in the areas previously listed than alternative therapies including traditional physical therapy, a walking program and a home exercise program.

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Who is a candidate?

LSVT BIG™ has been researched and is shown to benefit patients with Parkinson's disease. Additionally, a person who suffers from a different degenerative or chronic neurological condition may benefit from LSVT BIG™. Participants should obtain a written referral from their doctor.

Who will lead the program?

LSVT BIG™ is carried out by Physical or Occupational Therapists who have been trained and certified in the LSVT BIG™ protocol.

Components of LSVT BIG™

- Clinician modeling high-amplitude, high-intensity exercise to increase motor output in the patient
- Repetitive practice to increase motor learning
- Simple cuing with focus on one concept "Move BIG"
- Daily carryover assignments and daily homework
- Focus on recalibrating the participant to move with increased amplitude and intensity for a normalized motor output



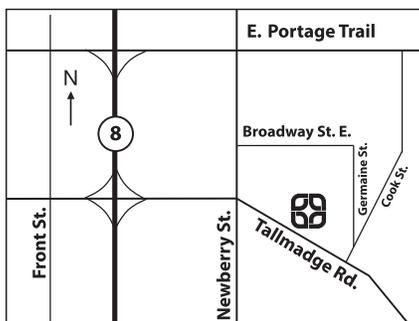
Think BIG™ and start exercising today!

How often does LSVT BIG™ occur?

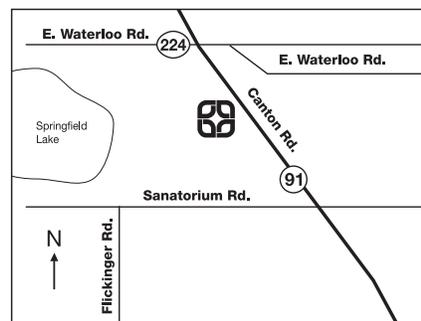
LSVT BIG™ meets for one-hour sessions, four times per week for one month to increase carryover and learning.

Visit LSVTglobal.com for additional information including research and patient videos.

PROGRAM OFFERED AT THE FOLLOWING EDWIN SHAW LOCATIONS:



CUYAHOGA FALLS
405 Tallmadge Road
Cuyahoga Falls, OH 44221
330-436-0913



LAKEMORE
1500 Canton Road
Akron, OH 44312
330-784-1271



WHITE POND
585 White Pond
Akron, OH 44320
330-869-6014